

Did you know?

You can prolong your life and lower the cost of your healthcare just by taking control of your health.

Having an annual health exam with your provider can help assess, and improve your overall health and well-being.

Ask us about health screenings, exercise, nutrition planning, and special self-management programs we offer to keep you on track with our shared health goals.

A Patient-Centered Medical Home benefits you and your entire community.

Potential Impacts:



Cost savings from less avoidable ER, hospital visits, readmissions, tests, procedures, and appropriate use of medicine.



Providers are less likely to order duplicate tests, labs, or procedures.

Your appointment is scheduled for

at _____

with _____

Please request any pertinent past medical records be forwarded to our practice from your previous provider.

Please ensure you bring your photo ID card, insurance cards, as well as an up-to-date medication list, and any advance directives, such as a Health Care Proxy.

Co-pays are due at the time of service

If you are unable to keep this appointment, kindly give 24-hours notice. This allows us to serve others who may have urgent needs.



Welcome to Your Patient Centered Medical Home

We look forward to partnering with you on your healthcare needs.

HEALTH
CARE
FOCUSED
ON
YOU!



What is a Patient-Centered Medical Home?

A model of patient care that uses a team-based approach. We emphasize care coordination, communication to provide quality care, help lower medical costs, and achieve an excellent patient experience.

Dedicated staff focus on the whole person, respecting each patient's unique needs, culture, values, and preferences. The team encourages patients to be fully informed and active participants in their care.

Watch a presentation about Patient-Centered Medical Homes at:

<https://www.youtube.com/watch?v=EUuvTusJQhQ>

Your Role as a Patient or Family Member

- Communicate closely with us
- Advise us of any changes in your personal or family medical history
- Inform and authorize your other providers to coordinate your care with us
- Participate in decisions about your health
- Follow treatment plans and self-care management directions
- Speak up and ask questions

Our Commitment to You

- Provide a safe, healthy and respectful healthcare environment
- Partner with you in making informed healthcare decisions
- Keep you informed and on track with our shared goals by coordinating resources and coaching opportunities

We're Always Here For You

Extended Office Hours

For your convenience, we offer appointments during the hours of 7:15 am - 4:15 pm.

24/7 Access to Medical Advice

An on-call answering service is available when the office is closed. This line can be used for non-emergency clinical advice after hours.

Patient Portal

Our Patient Portal facilitates better communication with your physician's office by providing convenient 24/7 access from the comfort and privacy of your own home or office.

<http://www.drcichetti.com/patient-portal/>

Contact Us

North Country Adult Medicine

38 Hospital Drive
Massena, NY 13662

(315) 764-1121

(315) 842-4960 24/7 answering service

(855) 279-7911(fax)

<http://www.drcichetti.com/>